

Youth Programs

Youth Basketball League Grades: K-6 \$40 Mon, Thurs & Sat Oct 16-Dec 9

BV Rec & BVHS Boys Basketball are partnering to bring you the Youth Basketball League! Boys & Girls will be split into volunteer-coached teams. Each team will play 6 Saturday games. Grades K-2 will practice on Mondays at DPCA; Girls 6:00-6:45pm, Boys 7:00-7:45pm. Grades 3-6 will practice on Thursdays at BVHS from 6:00-7:00pm. Parents & Coaches Meetings will be October 9.

Registration Deadline: Monday, October 2

Youth Hip Hop/Jazz Dance Ages: 8-13 \$20 Wed, 5:30-6:15pm Session 1: Sept 27-Oct 18 Session 2: Nov 1-29 (no 11/22)

Learn coordination, musicality and dance in this active and fun dance class for kids! Join experienced dance instructor Erin Laningham and participate in the thrill of dance, while also gaining confidence in oneself. Class will be held at the Community Center. Min: 2, Max: 12.

Registration Deadline: Session 1: Wed., Sept. 20

Session 2: Wed., Oct. 25

Moms Connect Ages: Birth-3 FREE!

2nd Sundays, 1:00-2:30pm Sept 10-Dec 10

Moms Connect provides a fun, relaxed atmosphere for moms and their young children to get together to learn about health & development on the 2nd Sunday of each month at the Community Center. This class will be led by Registered Nurse, Allie Anderson, and Mental Health Provider, Heather McFadden, who will offer support and evidence-based resources for new moms or dads. Snacks will be provided.

APE Fun Runs Ages: All FREE!

3rd Wednesdays, 3:15pm Starts Oct 18

Once a month throughout the school year, local kids gather at Avery Parsons Elementary with their friends and family to run or walk one mile. It's an awesome way to stay in shape and promote wellness throughout the community! Look for the dates of the runs on the BV Rec Website!

Adult Sports

5-on-5 Flag Football League Ages: 16+ \$20 Tues & Thurs, 6:00-9:00pm Sept 12-Oct 12

Grab a pigskin, put together your team, and sign up for the Adult 5-on-5 Flag Football League! Teams are guaranteed a minimum of 7 games, including a postseason tournament. Games will be played on the Softball Field and officiated by one paid BV Rec Official and one Team Representative.

Registration Deadline: Tuesday, August 29

Women's Volleyball League Ages: 16+ \$20 Wed, 6:30-9:30pm Sept 20-Nov 15

Bump, Set, Spike! Registration is now open for the Women's Volleyball League! Teams are guaranteed a minimum of 10 games, including a postseason tournament. Games will be played at DPCA, and teams will be scheduled for Officiating/Scorekeeping.

Registration Deadline: Wednesday, September 6

4-on-4 Basketball League Ages: 16+ \$10 Tues, 6:30-9:30pm Oct 24-Dec 19

This 4-on-4 Basketball League is a half-court, recreational league. Teams are guaranteed a minimum of 8 games. Teams will play best 2 of 3 games to 25 against a scheduled opponent each week. Players will call their own foul.

Registration Deadline: Friday, October 13

Open Gym Volleyball Ages: 16+ \$2/visit Sun, 7:00-9:00pm Sept 24-Dec 17 (no 11/26)

Drop by the BVHS gym any Sunday evening this fall for Open Gym Volleyball! All ages and abilities are welcome.

Open Gym Pickleball Ages: 16+ Sept 3-Dec 17 Sun, 1:00-6:00pm @ APE - \$2/visit

Mon, 8:30-10:30am @ DPCA - \$3/visit

This game mixes badminton, tennis, and ping pong skills creating a fun, active, low-impact sport for individuals of all ages and athletic backgrounds! No experience required.

Adult Fitness and Leisure

PiYo Ages: 18+ \$4/visit or \$20 for 7 visits Tues & Thurs, 8:00-9:00am Sept 5-Dec 21

A combination of Pilates and Yoga, this activity will help you stretch and strengthen your entire body! PiYo allows you to move at a moderate tempo from one pose to another! Classes are held in the Pinon Room at the Community Center.

Adult Hip Hop Dance Ages: 14+ \$5/visit Tues, 7:15-8:30pm Sept 26-Nov 28

This beginner friendly dance class will focus on musicality, choreography, and fun! Come enjoy a energetic workout in a positive environment, and gain confidence in yourself through dance! Class is held at the Community Center.

Women's Kickboxing Ages: 16+ \$8/visit Thurs, 7:30-8:30pm Sept 7-Dec 21

This is a strength and conditioning class for women, with the primary goal being that of fitness. You will learn striking techniques and combinations, paired with calisthenics will result in an exhausting and rewarding workout.

Monday Morning Art Ages: 18+ \$1/visit Mon, 9:00am-12:00pm Sept 4-Dec 18

Artists of all mediums are welcome! Bring your projects to the Aspen Room at the Community Center and socialize while you work.

Bridge Club Ages: 18+ \$1/visit Thurs, 1:00-5:00pm Sept 7-Dec 21

Join us for bridge every Thursday from 1pm-5pm. The Club meets at the Community Center. For additional information, call Marjie at 395-8846 or Marie at 395-6470.

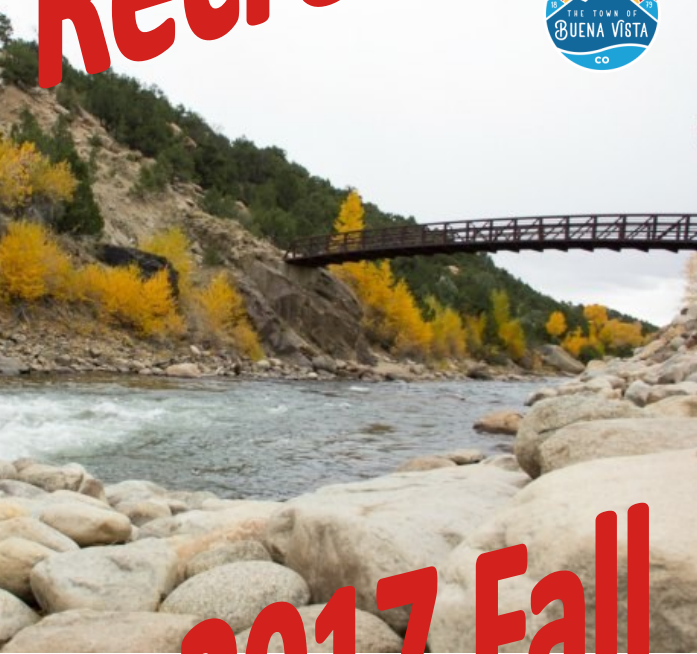
Young at Heart Ages: 55+ Free! 2nd Wed, 12:00-2:00pm Sept 13-Dec 13

Each monthly meeting at the Community Center includes a potluck lunch followed by an informative speaker. Please contact Amy McCrary at 303-519-3666 with questions.



**Information on Special Events and other
Community Programs on our website!**

Buena Vista Recreation



2017 Fall Programs

September - December

Sponsors

BV Rec would like to thank all of the sponsors who contributed to the BV Rec Scholarship Fund:

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- The Roastery
- Boneshaker Cycles
- Trailhead
- Peak Fitness
- Chaffee County Times
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Contact Us

Town of Buena Vista - Recreation

Office: Community Center - 715 E Main St.

Office Hours: 9:00am-4:00pm, Tues. & Wed., or call to check staff availability

Mail: PO Box 2002 Buena Vista, CO 81211

Website: www.buenavistaco.gov

Recreation Director - Emily Osborn

Phone: 719-395-2408

Email: recdirector@buenavistaco.gov

Program Coordinator - Shane Basford

Phone: 719-395-1939

Email: bvrec@buenavistaco.gov

How To Register:

1. **Online** - Register for programs from the comfort of your home! Look for the link on our website: www.buenavistaco.gov
2. **Mail In** - Registration forms can be found online and mailed to BV Rec with payment.
3. **Walk In** - Stop in to Town Hall and drop off your registration form. Town Hall is located at 210 E Main St.

Questions? Please give us a call at 719-395-2408. Please make checks payable to "Town of Buena Vista."

Look for the BV Rec Winter Brochure in December!

